

The Colin Morath Memorial Trophy

Position	Club	'Countback' Total		% Change
		Race 3 23-24	Race 3 24-25	
1	Harrogate Harriers	12077	8327	31.1
2	Wharfedale Harriers	19045	13942	26.8
3	Knaresborough Striders	14645	11048	24.6
4	Vale of York AC	14008	11861	15.3
5	Chapel Allerton Runners	9964	8609	13.6
6	Hyde Park Harriers	7999	6921	13.5
7	Rothwell Harriers	13534	12101	10.6
8	York Tri Club	19656	18161	7.6
9	St Theresa's AC	9322	8770	5.9
10	Dragons RC	23688	22592	4.6
11	Wetherby Runners	13391	12876	3.8
12	Kippax Harriers	15824	15428	2.5
13	Ackworth Road Runners	11439	11322	1.0
14	Bradford Airedale AC	19171	19001	0.9
15	Ilkley Harriers	13908	13907	0.0
16	Roundhay Runners	7229	7233	-0.1
17	Abbey Runners	5674	6391	-12.6
18	Horsforth Harriers	9749	10994	-12.8
19	Valley Striders	5929	6830	-15.2
20	York Postal Harriers	11222	13343	-18.9
21	Saltaire Striders	11451	13723	-19.8
22	Kirkstall Harriers	10020	12089	-20.6
23	Nidd Valley Road Runners	9219	11336	-23.0
24	Airecentre Pacers	11471	16092	-40.3
25	Horsforth Fellandale	15663	22073	-40.9